

1. Step forward to right kosa dachi with right ken sasae uke.
2. Mawatte to left zenkutsu dachi with left yoko uke.
3. Pull left foot back to hanzenkutsu dachi with right gyaku yoko uke.
4. Mawatte to right zenkutsu dachi with left gyaku uchi uke.
5. Pull right foot back to hanzenkutsu dachi with right yoko uke.
6. Right foot steps back onto same line into shiko dachi with right gedan sukui uke.
7. Right foot comes up into hachiji dachi with right hand jodan kamae.
8. Right foot steps in front to neko ashi dachi with right uchi uke.
9. Left yoko uke.
10. Stand up into hachiji dachi with right waki gamae.
11. Shift to left kokutsu dachi with left yoko barai.
12. Stand up into hachiji dachi with right chudan zuki.
13. Shift to right kokutsu dachi with right yoko uke.
14. Stand up into hachiji dachi with left chudan zuki.
15. Shift to left kokutsu dachi with left yoko uke.
16. Right foot steps to front into neko ashi dachi with shuto gedan barai
17. Step forward to neko ashi dachi with shuto gedan barai.
18. Step forward to neko ashi dachi with shuto gedan barai.
19. Step backwards to neko ashi dachi with kake uke.
20. Right shotei uchi.
21. Step forward with right stomping kick to right hachiji dachi and left waki gamae.
22. Pivot left to neko ashi dachi with shuto uke.
23. Step forward to neko ashi dachi with shuto uke.
24. Pull back to heisoku dachi with morote age uke.
25. Right foot steps forward to hanzenkutsu dachi with morote kentsui uchi.
26. Right foot steps forward to shiko dachi with chudan zuki.
27. Left foot pulls back to heisoku dachi with left gedan barai, right hand jodan kamae – look left.
28. Right foot steps in front to shiko dachi with right gedan barai and left kage zuki.
29. Mawatte to left hanzenkutsu dachi with left yoko barai.
30. Right mae geri to zenkutsu dachi with right chudan mawashi hiji ate.
31. Right gedan barai.
32. Left gedan barai.
33. Right gedan barai.
34. Big turn to right kokutsu dachi with right gedan sukui uke.
35. Shift to left kokutsu dachi with left gedan sukui uke.
36. Left foot pulls up to right neko ashi dachi with kake uke.
37. Right foot steps back to corner – shift to left neko ashi dachi with kake uke.

Minimum three months since last test

Properly execute all previous walking basics

One, two and three combinations

All three tachi kata

All three tenshin waza

Sanbon Geri

Mae geri, mawashi geri, yoko geri, spinning mawashi uraken, chudan gyaku zuki

Properly execute *Jion* followed by two *bunkai* and *ohyo* (*different from previous*)

Properly perform *Bassai Dai* followed by two *bunkai* and *ohyo*

Submit a paper discussing a few *kumite*/combative offensive strategies and methods.

JAPAN KARATE-DO ORGANIZATION

Promotion Application

Name:	Age:	Starting date:
Present rank: Brown belt	Date of last promotion:	Classes from last test to next (24 min):
Rank testing for / testing fee: Brown belt – white stripe \$45	Date of upcoming test:	Belt Size:
Certificate included	Name of bunkai partner:	

On the above date, I would like to take the promotion test, fulfilling all the requirements, according to the Japan Karate-Do Organization, Hokushin Shito-Ryu. As I understand, if my performance and dedication are not sufficient on the day of the test, I will attempt to improve my level of achievement in the future. I have attached my testing fees and I understand that they are not refundable.

Date: _____ Student: _____

Instructor's Approval: _____ Parent's Approval: _____

Attach a paper briefly discussing a few *kumite*/combative offensive strategies and methods.